

Volunteering Opportunities

Hastings area - November 2019

Here are a few volunteering opportunities that we are highlighting this month. Are you interested in any of them?



Hastings Library – Volunteer Reading Mentors

East Sussex Library and Information Service are about to launch the ‘reading project’ a new initiative designed to support those with a low level of reading skill or Dyslexia. As a reading mentor you will support emergent readers aged 16 and over by offering mentoring support and the use of one-to-one phonics-based teaching. Prior experience of supporting learners is not essential and all volunteers will receive an induction and support with using the resources. Contact jacqui.richardson@eastsussex.gov.uk or telephone 01323 463881.

Dance Hastings – Dance Buddies

Do you enjoy dancing and meeting new people? Dance Hastings is looking for volunteer dance buddies to support dance in care homes and with adults with learning disabilities. You do not need to be good at dancing, just interested in people and communication through talking and touch. Contact Philippa on 07790698053 or email philippabeagley2@gmail.com

TCV East Sussex Health Walks – Walk Leaders

Do you love walking? Do you want to help people in your community get more active? Health Walks are free, friendly one hour walks led by trained community volunteers. Would you like to join the team in your area, leading once or twice a month each? To find out about more or sign up for November’s Health Walk Leader training day, contact Lorna Neville on 01424 444675 or email lorna.neville@tcv.org.uk

If you have not spotted something that is suitable for you, contact Hastings Voluntary Action on 01424 44010 or email matt@hastingsvoluntaryaction.org.uk for more ideas.