



Volunteer Opportunities for younger people

Age 10 - 18? Join Hastings Sea Cadets and get involved with volunteering in your community with your unit. Visit <https://www.sea-cadets.org/hastings> for more info.

11+ ROLE! Young Healthwatch East Sussex are looking for enthusiastic good-listeners and confident speakers to be Young Community Engagement Volunteers! You will work with our volunteers and staff to drive forward our 'Meeting People Where They Are' strategy and work with us to design and co-deliver a variety of engagement events, activities, surveys and visits, which will enable us to talk to young people and involve them in the design of new services and to tackle health inequalities. If you have questions about this role, please contact – <mailto:volunteer@escv.org.uk> or call 0333 101 4007.

13.5 or older? You can volunteer with Scouts as Explorer Scout young leader, or a young leader! Click [HERE](#) for more info.

14 - 17 ROLE! Girl Guide Young Leader: If you're aged 14-17 and want to level up your leadership skills, gain some badges and have an amazing time, then being a young leader is the perfect role for you. Don't worry if you haven't done any volunteering before - you can jump right in and we'll support you all the way: <https://www.girlguiding.org.uk/get-involved/become-a-volunteer/>

Aged 14-17? Enjoy Sport? Want to make a difference? Then why not become a Active Hastings Young Volunteer Programme! Active Hastings is a project that delivers sport at the right time, right place and right style in recognised areas of deprivation. Using sport as a way to engage young people it helps to develop confidence, self-esteem, to build on friendships and build a stronger community. As a young volunteer you will have the opportunity to support the delivery of the sessions across Hastings and St. Leonards. The programme will support the individual in attending training and help them access specific sports qualifications as well as helping them with a self-development programme. Email activehastings@hastings.gov.uk to find out more.

14+ ROLE! We are seeking volunteers who would like to help us deliver our Hastings and St Leonards community play offer .You will work as part of a small play team ,supporting our playworkers with delivering free play or creative opportunities to children and young people aged between 5 and 17 years old. We are also able to offer some training and professional development opportunities; Connect with other volunteers and professionals in the play work and childcare fields. Email Laurabeerling@in2play.org.uk / 01424 421201

16+ ROLE! Shop Assistant. Every Monday we need help sorting through donations in the backroom (donations range from clothes to bric-a-brac). This would enable HRVAB to open up shop on a Monday raising valuable funds to support people with vision loss. Email: hrvab@freeuk.com
<https://www.hrvab.org.uk/vacancies>

16+ ROLE! AGE UK East Sussex, Hastings - Our Charity Shop Volunteers are some of the most important people in the Charity. Without them raising funds we could not provide our client services. As a customer service volunteer you will help to ensure the smooth day to day running of the shop with a focus on serving customers, driving sales and store presentation. Volunteering in our shops is a great way to make new friends and every day is unique as you never know what will be donated. For further details of this exciting volunteering opportunity please contact: volunteers@ageukeastsussex.org.uk, call 01273 476704.

16+ ROLE! AGE UK East Sussex, Hastings - Our Charity Shop Volunteers are some of the most important people in the Charity. Without them raising funds we could not provide our client services. As a stock preparation volunteer you will help out in the back sorting and preparing stock for sale. Volunteering in our shops is a great way to make new friends and every day is unique as you never know what will be donated. For further details of this exciting volunteering opportunity please contact: volunteers@ageukeastsussex.org.uk or call 01273 476704

16+ ROLE! As a Youth Mentor/Coach volunteer, you'll provide guidance and support to young people, helping them develop skills, build confidence, and navigate challenges. Volunteers can expect to engage in one-on-one sessions, lead group activities, and foster positive relationships. Training is typically provided to equip you with the necessary skills, and some organizations may offer incentives like community service hours, networking opportunities, or free event access. Please email us on YHVolunteers@eastsussex.gov.uk or Suzana.Kleper@eastsussex.gov.uk. Or call this number 07720144100

16+ ROLE! Warming Up The Homeless: At some point each day of the week we are helping and supporting those that need it most, and we welcome more volunteers to support our vital work. If you'd like to help a few hours a week please contact Colette on 07731 998879 or colette@wuth.org.

16+ ROLE! As an Academic Tutor volunteer, you will provide one-on-one or group support to students in subjects such as math, science, or language arts, helping them improve their understanding and confidence. Volunteers will receive training to ensure they are well-prepared for the role, and may also gain access to educational resources, certificates of recognition, or other small incentives. This is a rewarding opportunity to make a positive impact on students' academic journeys. Please email us on YHVolunteers@eastsussex.gov.uk or Suzana.Klepere@eastsussex.gov.uk. Or call this number 07720144100

16+ ROLE! As a Mental Health and Wellbeing volunteer for young people, you will support youth by offering guidance, a listening ear, and facilitating activities that promote emotional wellbeing at our LGBTQ or other youth sessions. Volunteers will receive training in mental health awareness and youth support techniques. In addition to the rewarding experience of helping young people, volunteers may receive certificates of appreciation and access to wellness resources or workshops. Please email us on YHVolunteers@eastsussex.gov.uk or Suzana.Klepere@eastsussex.gov.uk. Or call this number 07720144100

16+ ROLE! As a Youth Workshop Facilitator volunteer, you will lead interactive workshops on topics like personal development, career planning, leadership, or life skills, helping young people engage and grow. Volunteers will receive training in facilitation and youth engagement strategies. In addition to gaining valuable experience, you may also receive certificates, access to resources, or networking opportunities within the organization. Please email us on YHVolunteers@eastsussex.gov.uk or Suzana.Klepere@eastsussex.gov.uk. Or call this number 07720144100

16+ ROLE! As a Sport Coach volunteer, you will help organize and lead sports sessions, providing coaching, guidance, and encouragement to young people to develop their skills and teamwork. Volunteers will receive training in coaching techniques and sports safety. In addition to hands-on coaching experience, you may receive certificates and free access to sports facilities. Please email us on YHVolunteers@eastsussex.gov.uk or Suzana.Klepere@eastsussex.gov.uk. Or call this number 07720144100

info subject to change. If you see anything that needs removing or amending contact jane@hastingsvoluntaryaction.org.uk

16+ ROLE! As an Arts Coach volunteer, you will guide and mentor young people in creative activities such as painting, music, theater, or dance, helping them develop their artistic skills and self-expression. Volunteers will receive training in arts facilitation and youth engagement. In addition to valuable coaching experience, you may receive certificates, access to art supplies. Please email us on YHVolunteers@eastsussex.gov.uk or Suzana.Klepere@eastsussex.gov.uk. Or call this number 07720144100

16+ ROLE! As a Cooking Coach volunteer, you will lead cooking sessions, teaching young people basic culinary skills, healthy eating habits, and kitchen safety. Volunteers will receive training in food preparation and how to engage youth in hands-on learning. Along with valuable teaching experience, you may receive certificates, access to cooking resources, or free meals as incentives. Please email us on YHVolunteers@eastsussex.gov.uk or Suzana.Klepere@eastsussex.gov.uk. Or call this number 07720144100