

Artificial Intelligence (AI) Information Session

9th February 2026

Central Hall, Hastings

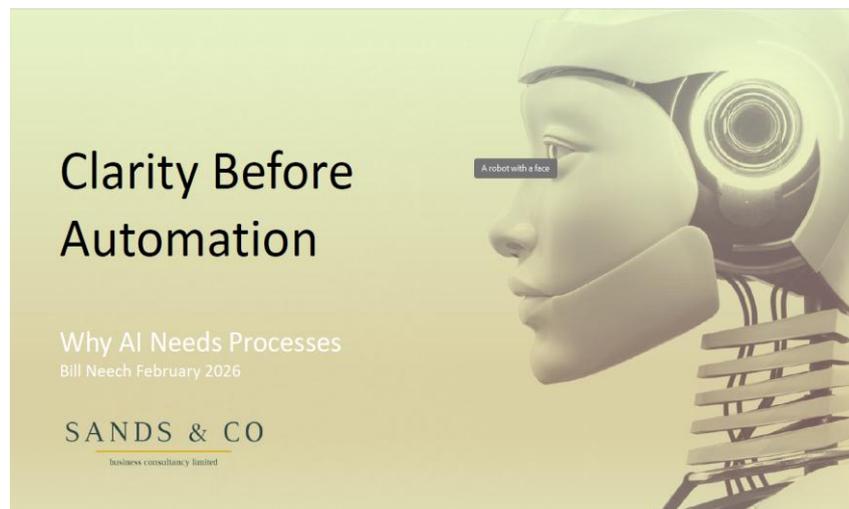


Hastings Voluntary Action were delighted to work in collaboration with the Lets Do Business Group, Beaming ISP for Businesses and Sands and Co Business Consultancy LTD to facilitate an Artificial Intelligence (AI) Information Session in Hastings.

Emily Wright from Lets Do Business and Kim Kelly from HVA welcomed everyone and opened the session.

On the day there were 32 attendees from 23 local organisations in Hastings

First Name	Last Name	Organisation
Sue	Bance	Association of Carers
Su	Barnicoat	HVA
Sonia	Blizzard	Beaming
Jane	Caley	HVA
Mary	Carter	HVA/HCN
Glynwen	Chetcuti	East Sussex Hearing
Andrew	Colquhoun	Friends of Hastings Country Park
Tracy	Dighton	Citizens Advice 1066
Mark	Dimmock	East Sussex Hearing
Jane	Dye	FSN
Siobhan	Harkin	Liberty Choir UK
Annette	Holmes	RVA
Kim	Kelly	HVA
Jacy	Kilvert	HVA
Wendy	Knowles	HARC
Lesley	Lambeth	RVA
Bill	Neech	Sands & Co
Hayley	Nutbeam	In2play
Matt	Pitts	HVA
Naomi	Robinson	Rother Voluntary Action
Jessica	Robinson	Association of Carers
Rachael	Roser	HARC
Diana	Rynberg	Seniors Helping Seniors
Tracy	Smith	Little Gate Farm
Jim	Stanford	Lunch Positive
Nick	Terdre	Clifton Centre
Jen	Umpleby	Education Futures Trust
Louise	Vladi	Association of Carers
Cheryl	White	Rother Voluntary Action
Alexander	Wilberforce	Marianne North Centre Hastings
Emily	Wright	Lets Do Business
KE XIA	Xu	Hastings Chinese Association



Bill Neech, owner and Principle Consultant from Sands & Co gave a presentation sharing practical steps to establish, document, and review an organisation's processes and workflows — what they are, why they matter, and how they drive consistency, efficiency, and better decision-making.



AI

What is it, why does it matter and where is it going?

www.beaming.co.uk

Beaming

Sonia Blizzard, Managing Director from Beaming ISP for businesses, spoke about where AI has come from and the impact of AI on the workplace.

There was a break for attendees to get refreshments and network.



Emily Wright, Business Manager from the Lets Do Business Group gave some examples of using AI.

Following the presentations there was an opportunity for a Q & A session which gave rise to many interesting conversations



The feedback that we received from the attendees showed that the session raised a lot of interest and questions

Interesting knowledgeable presenters

Made me aware of the dangers

Excellent presentations, filled in gaps in my knowledge

I'm interested to discuss with colleagues the ways AI could benefit us

It made me think twice about how and when I use it

Very cautious about using it in the workplace

I think its relevant to everyone

It's been a good workshop/presentation, awareness increased

Have generally avoided but will look at Co-pilot in more detail

Thanks for an interesting session, thought provoking as ever