



Hastings Community Network Open Mic & Marketplace Event

3rd April 2025

Central Hall



Attendees had a chance to get refreshments and network before Tracey Rose (Co-chair HCN) opened the event, thanking everyone for taking part in the Open Mic sessions and the Marketplace to share information about their/their organisations work.

On the day 54 people attended the event

| First Name | Last Name | Organisation |
|-------------------|------------------|---|
| Caroline | Aherne | Home Instead |
| Suzanne | Barwell | Mediation Plus |
| Sam | Bentley | One You East Sussex |
| Nicola | Brocklehurst | PCN Social Prescribing |
| Mary | Carter | Adfam |
| Samantha | Cattermole | RSPCA |
| Glynwen | Chetcuti | East Sussex Hearing |
| Justin | Clark | Little Gate Farm |
| Michelle | Coleman | Social Prescribing |
| Andrew | Colquhoun | Friends of Hastings Country Park, HCNE |
| Joanne | Davis | Arts on Prescription |
| Lucy | Dean | Early Intervention Team ESCC |
| Carolina | De Oliveira | SONEC |
| Mark | Dimmock | East Sussex Hearing |
| Shelley | Feldman | Umbrella Sussex |
| Lisa | Finch | Soundcastle |
| Teresa | Flower | Mr Hastings & St Leonards |
| Andy | Garlick | Transom Trust |
| Lisa | Gentry | PCN Social Prescribing |
| Sarah | Hammond | Safe Families |
| Angela | Harris | Labour GEM |
| Zoe | Jackson | Education Futures Trust |
| Renee | Jasper-Griffiths | Independent Training Consultant |
| Kim | Kelly | HVA |
| Amrat | Khorana | ETC Sussex |
| Suzana | Klepere | ESCC |
| Steven | Laker | Southern water |
| Lesley | Lambeth | ESCC |
| Steve | Manwaring | HVA |
| Lynette | McDermott | Xtrax |
| Kerry | Message | Umbrella Sussex |
| Laura | Oak McIntyre | NHS Health in Mind |
| Kira | Parsons | Healthwatch East Sussex |
| Tina | Pelini | East Sussex County Council |
| Dave | Perry | Seaview Project |
| Helen | Prosper | A Touch of Gentleness |
| Tara | Reddy | Arts on Prescription |
| Dave | Richardson | Taylor Made Dreams |
| Julia | Roberts | Culture Shift |
| Tracey | Rose | FSN |
| Margaret | Sargent | Surviving Christmas |
| Helene | Savva | Arts on Prescription |
| Jacqui | Skilton | East Sussex Recovery Alliance |

| | | |
|----------|-------------|---------------------------------|
| Jim | Stanford | Lunch Positive |
| Gary | Storer | Orbit Housing |
| Lorraine | Turvey | One You East Sussex |
| Jo | Waterson | Little Gate Farm |
| Katherin | Weeks | St Michaels Hospice |
| Lisa | Wells | Taylor Made Dreams |
| Alison | Westlake | ETC Sussex |
| John | Whittington | Safer Hastings Partnership |
| Gareth | Wildig | Soundcastle |
| Ted | Williams | SSAFA, The Armed Forces Charity |

Steve Manwaring (Director HVA) thanked Gary Storer (Orbit Housing) for his kind donation towards the running costs of this event which paid for a buffet lunch for all attendees.

He then introduced the speakers for the first Open Mic session.

| OPEN MIC SESSION 1 | | |
|--------------------|-------------|---------------------------|
| First Name | Last Name | Organisation |
| Suzanne | Barwell | Mediation Plus |
| Sam | Bentley | One You ES |
| Carolina | De Oliveira | SONEC |
| Mark | Dimmock | ES Hearing |
| Shelley | Feldman | Umbrella Sussex |
| Teresa | Flower | Mr Hastings & St Leonards |
| Sarah | Hammond | Safe Families |
| Angela | Harris | Labour GEM |
| Amrat | Khorana | ETC Sussex |



The first Open Mic session was followed by a break to give attendees time to get refreshments and browse the Marketplace.

| Marketplace List | | |
|------------------|--------------|----------------------------|
| First Name | Last Name | Organisation |
| Caroline | Aherne | Home Instead |
| Suzanne | Barwell | Mediation Plus |
| Sam | Bentley | One You ES |
| Carolina | De Oliveira | SONEC |
| Mark | Dimmock | East Sussex Hearing |
| Shelley | Feldman | Umbrella Sussex |
| Lisa | Finch | Soundcastle |
| Teresa | Flower | Mr Hastings & St Leonards |
| Sarah | Hammond | Safe Families |
| Angela | Harris | Labour GEM |
| Dan | Kerry | CAB1066 |
| Amrat | Khorana | ETC Sussex |
| Steven | Laker | Southern Water |
| Lesley | Lambeth | ESCC |
| Lynette | McDermott | Xtrax |
| Laura | Oak McIntyre | Health in Mind |
| Kira | Parsons | Healthwatch ES |
| Dave | Perry | Seaview Project |
| Helen | Prosper | A Touch of Gentleness |
| Helene | Savva | Arts on Prescription |
| Jacqui | Skilton | ESRA |
| Jim | Stanford | Lunch Positive |
| Gary | Storer | Orbit Housing |
| Katherin | Weeks | St Michaels Hospice |
| John | Whittington | Safer Hastings Partnership |
| Ted | Williams | SSAFA |



Everyone came back together for the second Open Mic session

| OPEN MIC SESSION 2 | | |
|--------------------|------------|---------------------------------|
| First Name | Last Name | Organisation |
| Lynette | MacDermott | Xtrax |
| Tina | Pelini | ESCC |
| Dave | Perry | Seaview Project |
| Helen | Prosper | A Touch of Gentleness |
| Tim | Redfern | CAB1066 |
| Dave | Richardson | Taylor Made Dreams |
| Jacqui | Skilton | ESRA |
| Jim | Stanford | Lunch Positive |
| Gary | Storer | Orbit Housing |
| Ted | Williams | SSAFA, The Armed Forces Charity |




As this was possibly Tracey Rose's last event, Steve Manwaring took the opportunity to thank her for all her work with the Hastings Community Network with a beautiful bunch of flowers.

He then formally closed the event, inviting participants to help themselves to the buffet lunch and take the opportunity for further networking.

Feedback from the event showed that people appreciated the opportunity to network and make new local connections.



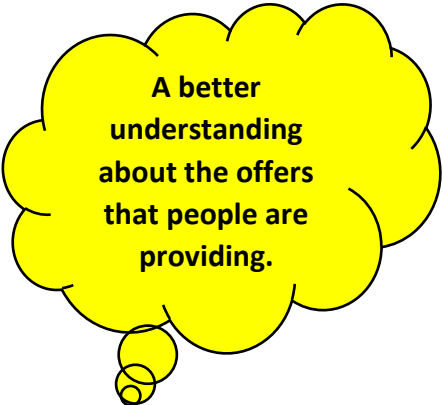
Great networking & great Open Mic speakers.




New services never met before.




Opportunity to get new resources for our clients.




A better understanding about the offers that people are providing.




Met up with like-minded people and found out about the great work that is taking place in Hastings.



Information about other local organisations.



Learning about other community organisations that we can work alongside.



Thank you so much for allowing me to attend. I've met some fabulous organisations – it's so good to have an opportunity to meet face to face.