

Volunteering Opportunities

Hastings area - June 2019

Here are a few volunteering opportunities that we are highlighting this month. Are you interested in any of them?



Association of Carers – Volunteer Drivers

The Association of Carers support unpaid Carers in East Sussex to continue in their caring role by providing free, high quality, volunteer-led services that encourage independence and reduce isolation. Our volunteer drivers enable volunteers that can't drive or don't have access to a car to get from their home to the Carer's home and back again. They can also help Carers take a break by transporting the person they look after to and from a day activity. To find out more contact Louise Vladi on 01424 722309 or email: louise@associationofcarers.org.uk

Project Art Works – Workshop, Archive and Event Volunteers

Project Art Works is an inclusive artist studio collaborating with adults, children and young people with complex support needs. The volunteering experience that we offer here is unique and one which has the potential to transform the lives of both volunteers and our participants. We have volunteer opportunities supporting within our collaborative artist studios, our physical and digital archive, the peer support network and researching for our digital social care map. To find out more, please contact Sally by email at Sally@projectartworks.org, phone 01424 423 555 or visit www.projectartworks.org/get-involved/volunteering/

Chestnut Tree House – Event Support

Chestnut Tree House is a children's charity providing hospice care services and community support for children and young people with progressive life-shortening conditions throughout East and West Sussex, Brighton and Hove and South East Hampshire. We are looking for volunteers to support us at the Hughie's Supercar Sunday event on Hastings Stade on Sun 16 June. Roles include helping on the fundraising stall, public collection and Squirrel mascot and minder. Contact fundraising-volunteers@stbh.org.uk or call Angie Bacon on 01903 706326. More info available at www.chestnut-tree-house.org.uk/about/



Alexandra Park Greenhouse Group – New Trustees and Committee Members

The Alexandra Park Greenhouse Group are looking for a Treasurer with book keeping experience and two further trustees. We are particularly seeking individuals who have experience in primary education or the children's sector and someone with experience in the health service. There are also practical on-site volunteer opportunities and off-site roles to support the group's online social media platforms. Please email alexandraparkgg@yahoo.com or call 07949829168 to express an interest. More information is available at www.greenhousealexpark.com

Age UK East Sussex – Home from Hospital Service

Age UK is looking for volunteers to support our Home from Hospital service. The service helps the elderly to remain independent in their own homes after being discharged from hospital and giving just a giving small amount of time can be enormously rewarding and make a massive difference the quality of an older person's life. The volunteer commitment is very flexible and may include support such as visits to the home, collecting shopping or prescriptions, company for GP visits or light house cleaning. Contact charles.sheldon@ageukeastsussex.org.uk or (M) 07850 98 7149.

Hastings Arts Forum – Treasurer / Front of House Volunteers

Hastings Arts Forum is seeking a treasurer to oversee the finances, ensure good record keeping, and prepare the annual accounts. We are also looking for front of house volunteers to support with sales, memberships and general enquiries. Apart from our part-time gallery coordinator, we are all volunteers at this friendly and vibrant arts charity. Contact Martin Bradshaw on 01424 201636 or email admin@hastingsartsforum.co.uk or visit www.hastingsartsforum.co.uk/volunteering

Stay Up Late – Gig Buddies

At Gig Buddies we have made it our mission to tackle social isolation by linking adults with learning disabilities with volunteers who support them in enjoying a full social life and staying up late! In reality, we will link you with someone who has shared interests who we then ask you to meet monthly with. This could be going to the local open mic night, travelling to see theatre shows, enjoying sports together, anything that you and they are passionate about doing. We also host regular social events and will give you supervision to support you in your new role as one of our Gig Buddies. We are currently looking for volunteers in Hastings and the surrounding areas. Contact Emily on: Emily@stayuplate.org, call 07827228171, or visit www.gigbuddies.org.uk

If you have not spotted something that is suitable for you, contact Hastings Voluntary Action on 01424 44010 for more ideas - there are hundreds of things that you can do, that need from as little as an hour a month of your time.