

Volunteer Opportunities Of The Month

August 2024



Association of Carers Respite and Befriending Volunteer: We are looking for compassionate and caring volunteers who are able to give an unpaid Carer a few hours each week to allow them to have a well needed break from their 24/7 caring role. You can apply directly via our website or you can call to speak with Kiki on 01424 722309 / <https://associationofcarers.org.uk/>

Howch (Hastings Older Women's Cohousing) CLT: Howch is especially looking for members who could **join our Board** as we move forward with our Cohousing project. This is a monthly zoom which results in emails & social media update. We keep meetings to a minimum and training opportunities are growing. Xmas meal is a fixture & we cover some expenses. Fundraising skills appreciated! As a Community Land Trust we must adhere to Governance. Contact info@howch.org / www.howch.org

MSL Event Marshalls: We need volunteers to help manage a walking procession and public event on Saturday, 31st August 2024 between 8am and 5pm. This is part of an exciting arts event included in Coastal Currents and there will be a media presence. The role will include setting stakes in the ground to hold pennants, assembling gazebo and tables, checking in walkers as they arrive, handing out pennants, marshalling walkers in procession and giving out flyers, providing info on location of toilets/water refill points, marshalling public workshop, taking down pennants, tables, gazebo. All volunteers will be fully briefed. Volunteers can attend for part of the day or for the whole event. To apply, contact emma@mslprojects.co.uk

MenWalkTalk Walk Leader: We're looking for a volunteer to organise and lead walks in the Hastings area, for men struggling with their mental health (all men are welcome, having a MH condition is not a prerequisite). For more information or to apply, visit our website www.menwalktalk.co.uk

Let us know about your volunteering experiences!

If none of the above roles are quite right for you, contact Hastings Voluntary Action on 01424 444010, jane@hastingsvoluntaryaction.org.uk, or visit HVA's website for more ideas.