

## **Volunteer Opportunities July '25**

## COMMUNITY NATURE CONNECTIONS

Alexandra Park Greenhouse sells community donated plants on Thursdays 2.30pm till 5pm and Saturday 10.30 till 1.30pm. New volunteers are welcome to join a dedicated team who care for the plants and are on hand to advise visitors on various aspects of gardening. Events talks and workshops are also held at the greenhouse and volunteers are needed to help organise these. Contact <u>https://www.facebook.com/Alexandraparkgreenhousegroup</u> / <u>social@our-greenhouse.org</u>

**The Conservation Volunteers Green Gyms**. Three hours of conservation/horticultural volunteering with a health and wellbeing focus. 10am - 1pm. Wednesdays at Hastings Centre (opposite Conquest Hospital) restoring vegetable garden and looking after nature hedges. Thursdays in the lake behind the Conquest – clearing reedmace to open up the water for wildlife and create nicer views for staff and patients. Booking required. Meet at the site (10am) or minibus pick up from Fearon Road (9.30). Contact: carrie.edmonds@tcv.org.uk / 07764 655609

Join the **Friends of Summerfields Wood** on Saturdays, 10-1, to help maintain the environment in Summerfields Wood. Meet at Summerfields Leisure Centre. HBC ranger Nick Hennessy will guide people on the best tasks to do that day. There will be a tea break and time to chat. Children over 8 are welcome. Check their Facebook page for dates of the sessions <u>https://www.facebook.com/events/239336039249606</u>

## Visit the Community Nature Connections project page for more opportunities

If none of the above roles are quite right for you, contact Hastings Voluntary Action on 01424 444010, jane@hastingsvoluntaryaction.org.uk, or visit HVA's website for more ideas.