

Volunteer Opportunities Of The Month

Hastings area – March 2024



Arts on Prescription / Art in the Park are looking for volunteers to help with their Easter Saturday community engagement event on **30 March**. They need people to help with stewarding and setting up or supporting activities. If you'd like to help with this fun family event then get in touch on info@artsonprescription.org.

Hastings Lions Club are looking for **marshals** on Sunday **March 24th** to support on the **Hastings Half Marathon** route. People are needed to staff the roads to stop cars, and be there to ensure the runners are safe. There is medical cover and support vehicles to collect people who are injured or unable to finish. If you would like to support this popular annual event then email Debbie on ddando396@yahoo.com

Hastings Parkrun are always in need of volunteers to support their 9am **Saturday morning run sessions**. This is a low-commitment role (even just a single week of volunteering is appreciated!) and you absolutely don't have to be a runner yourself. Roles include marshals; course checker; token support; scanners and more! You will be shown/given a how to, for all the roles. <https://www.parkrun.org.uk/hastings/volunteer/>

A FOCUS ON ONE-OFF OPPORTUNITIES!

If none of the above roles are quite right for you, contact Hastings Voluntary Action on 01424 444010 or visit HVA's website for more ideas.