

Volunteer Opportunities Of The Month

October 2024



Reception Volunteer: Volunteering with the Reception Coordinators, you will be taking on aspects of a wide-ranging role. This could be answering the telephone and directing calls or taking messages, welcoming and guiding visitors and patients to their destination, or ensuring visitors are complying with infection control measures. You will be the main liaison for people coming into the building and volunteering as part of a broader team. Contact volunteering@stmichaelshospice.com or 01424 456610 or see our website <https://stmichaelshospice.com/volunteer/>.

Sustenance (formerly known as Karmabank) are looking for more volunteers with cars to help with our surplus food collections. We collect food from local supermarkets, restaurants and grocers. Without our drivers, we wouldn't have the food we need to prepare meals and shopping bags. If you have a car and some flexibility with your time, we would really welcome your help. You'll need to be able to commit to a minimum of three regular pick-ups each week and to drop the food off, at our freezer location in Hastings Old town (each pick up takes max 30-40 mins from start to finish). Please email info@sustenance.org.uk if interested or for further info.

Mencap Visitor Volunteer: We support a lovely woman who lives in St Leonards-on-sea. She would enjoy having someone pop in to visit her six times a year. She lives in a large house with other people who also have learning disabilities. She likes the comfort of her own room which is where most of the visits will take place. She is in her 80's and has lots of memories of a long and interesting life. She would like a visitor with whom she can chat, laugh and reminisce about times gone by. She has a sweet tooth and would love being spoilt with a cream tea or improvised picnic with her visitor in her room (expenses covered by Mencap). You can apply [HERE](#) or contact Kalle.Hogh@mencap.org.uk for more information.

Let us know about your volunteering experiences!

If none of the above roles are quite right for you, contact Hastings Voluntary Action on 01424 444010, jane@hastingsvoluntaryaction.org.uk, or visit HVA's website for more ideas.