

COMMUNITY NATURE CONNECTIONS

Below is a selection of local greenspace volunteer opportunities There are more out there!

Shornden Conservation Area and Shornden Meadow, Tuesdays, 11am-2pm Meet outside Shornden Meadow (top of Shornden Reservoir). The sessions focus on releasing and improving the conservation status of a small, wooded area in Alexandra Park to make it a better habitat for native plants and local wildlife and also maintain Shornden meadow. Contact Philippa for more 07736132771 / philippa.beagley@groundwork.org.uk

Bohemia Walled Garden Allotment Gardening

Thursdays 12 - 2pm - Meet outside Summerfields Leisure Centre It is an opportunity to enjoy the sheltered Victorian Community Garden in a quiet spot surrounded by woodland, perfect for getting immersed in nature. Contact Philippa for more information and to register your interest in joining the group: 07736132771 / philippa.beagley@groundwork.org.uk

Church Wood Community Orchard is always looking for Volunteers. Check out their Facebook page or email <u>churchwood.co@mail.com</u>

Thursdays 10 – 12, and the **first Saturday of each month**, 10 – 1. Join Ore Community Land Trust to take part in woodland management in **Speckled Wood**. They have been working on building steps and bridges to make it easier for people to walk and enjoy the steep slopes in the wood. <u>https://www.facebook.com/OreCommunityLandTrust</u> / <u>https://www.orecommunitylandtrust.org.uk/</u>

Free women's growing and nature connection group **Earth Weavers**, designed to help support local women with their wellbeing and the cost of living crisis and is a space to learn new skills in food growing, using sustainable permaculture methods. We teach the whole food growing cycle from planting, harvesting to seed saving and even how to make your own compost. Produce grown on the allotment can be taken home by participants. Sessions also include nature based mindfulness meditation, foraging, making medicinal herbal teas. **Booking is essential:** <u>https://www.projectrewild.co.uk/earth-weavers</u>. Runs every **Thursday** (term time only) 10.30am-1.30pm, Lower Cornwallis Allotments

Join the Friends of Combe Valley on the third Saturday of every month 10-12, and every Thursday 10 -1 to help maintain the pathways and environment in Combe valley. Meet at the Discovery Centre Café in Freshfields. Refreshments are provided for volunteers. <u>https://www.facebook.com/CombeValley</u>

Join the Friends of Summerfields Wood on the second or third Saturday of every month, 10-1, to help maintain the environment in Summerfields Wood. Meet at Summerfields Leisure Centre. HBC ranger Nick Hennessy will guide us on the best tasks to do that day. There will be a tea break and time to chat. Children over 8 are welcome https://www.facebook.com/events/239336039249606

Alexandra Park Greenhouse sells community donated plants on Thursdays 2.30pm till 5pm and Saturday 10.30 till 1.30pm. New volunteers are welcome to join a dedicated team who care for the plants and are on hand to advise visitors on various aspects of gardening. Events talks and workshops are also held at the greenhouse and volunteers are needed to help organise these. Contact social@our-greenhouse.org / https://www.facebook.com/Alexandraparkgreenhousegroup

Ore in Bloom is a community group aimed at improving the horticulture in Ore, Hastings. We maintain street planters, display hanging baskets and annual bedding displays as well as running a gardening competition for Ore residents. We'd love to grow our volunteer team. If you'd like any more information please contact us at <u>oreinbloom.info@gmail.com</u>

Community Gardening at **Rye Community Garden**, **Saturdays** 10-12. Email <u>ryecommunitygarden@gmail.com</u> or just turn up to meet the group <u>https://www.facebook.com/groups/ryecommunityfoodandwildlifegarden</u>

Craig's Cabin Hidden Eden Wellbeing Garden, Parson's Close. **Mondays** 10.30 - 12.30. Work continues on this piece of land that we are turning into a wellbeing garden. Planting weeding watering and building and painting. Lots of ideas, lots of work. To volunteer, and for more information contact <u>admin@craigscabin.org.uk</u>

Hastings Centre Green Gym, Wednesdays, 10am-1pm. Three hours of conservation/horticultural volunteering with a health and wellbeing focus; currently based at Hastings Centre (opposite Conquest Hospital) restoring vegetable garden and looking after nature hedges. Booking required. Meet on site or minibus pick up from Fearon Road (at 9.30). Contact: <u>carrie.edmonds@tcv.org.uk</u> / 07764 655609

Conquest Green Gym, Thursdays, 10am-1pm: Healthy conservation sessions in the lake behind the Conquest – clearing reedmace to open up the water for wildlife and nicer views for staff and patients. Registration required. Booking required. Meet on site or minibus pick up from Fearon Road (at 9.30). Contact: <u>carrie.edmonds@tcv.org.uk</u> / 07764 655609. All tools and equipment provided; training/support from leaders; free tea/coffee.

Gardening Our Streets is continuing to plant and pretty-up the public realm in the centre of Hastings. If you're a green thumb, or even just want to get out in the fresh air a bit more, join We Dig **Wednesdays** at The Common Room at 12.45pm. Bring your own gardening gloves and hand-trowels if you prefer, and stay on for afternoon tea. Contact Sherry (07580 162 310). Also check the events calendar for updates: https://www.transitiontownhastings.org.uk/events/

Regular garden work session in the **community garden on the platform at Warrior Square Station**. **Wednesday evenings**, 5-7pm. Open to all to join with a friendly, relaxed, group of volunteers. Lots of weeding, watering, sowing, clearing, composting, planting, sign making, basic construction work and tea making! Check the events page before coming to a session or contact Sherry (07580 162 310)! https://www.transitiontownhastings.org.uk/events/

Veterans' Growth (near Westfield) provides horticultural therapy to veterans of the Armed Forces from our 5-acre, rural site. We are looking for volunteers who can help by performing all types of horticultural duties. All abilities are welcome – you do not need previous experience of gardening or the military. Our volunteer days are **normally Mondays and Thursdays** and we generally operate from 9.30am – 3.30pm, though we can be flexible. For more information contact: <u>hello@veteransgrowth.org</u>