## Macmillan Cancer Support Champion Bingo Card

I have had a conversation around cancer with a friend Number:	I have had a conversation around cancer with a family member Number:	I have signposted someone to a cancer support service Number:
I have signposted someone to the MacMillan website Number:	I have signposted someone to the MacMillan service at the Community Info Hub	I have attended a relevant training session to support my work as a Champion Number:
I have had a conversation with someone about some of the barriers they face to access screening	I have had a conversation with someone about some of the barriers they face to access cancer support services	I have spoken to either Jane or Yasmine for some support after having a difficult conversation with someone around cancer



## Macmillan Cancer Support Champion Bingo Card

I have shared positive messages to break down myths about cancer on social media Number:	I have had a conversation with someone around loneliness and social isolation Number:	I have signposted someone to the MacMillan Support line Number:
I have shared information about cancer and support services on social media Number:	I have attended a Champions drop-in session at HVA Number:	I have encouraged someone to go for cancer screening Number:
I have completed a course on the MacMillan E- learning Hub Number:	I have taken some time to be kind to myself after having a difficult conversation around cancer	I have spoken to another Cancer Champion about how they are getting on in their role



Jane.dodson@hastingsvoluntaryaction.org.uk yasmine@hastingsvoluntaryaction.org.uk