



## COMMUNITY NATURE CONNECTIONS

### Below is a selection of local greenspace volunteer opportunities There are more out there!

#### **Shornden Conservation Area** and Shornden Meadow, Tuesdays, 11am-2pm

Meet outside Shornden Meadow (top of Shornden Reservoir). The sessions focus on releasing and improving the conservation status of a small, wooded area in Alexandra Park to make it a better habitat for native plants and local wildlife and also maintain Shornden meadow. Contact Philippa for more  
07736132771 / [philippa.beagley@groundwork.org.uk](mailto:philippa.beagley@groundwork.org.uk)

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#### **Bohemia Walled Garden Allotment Gardening**

Thursdays 12 - 2pm - Meet outside Summerfields Leisure Centre

It is an opportunity to enjoy the sheltered Victorian Community Garden in a quiet spot surrounded by woodland, perfect for getting immersed in nature. Contact Philippa for more information and to register your interest in joining the group: 07736132771 / [philippa.beagley@groundwork.org.uk](mailto:philippa.beagley@groundwork.org.uk)

**Church Wood Community Orchard** is always looking for Volunteers. Check out their Facebook page or email [churchwood.co@mail.com](mailto:churchwood.co@mail.com)

Thursdays 10 – 12, and the first Saturday of each month, 10 – 1. Join Ore Community Land Trust to take part in woodland management in **Speckled Wood**. They have been working on building steps and bridges to make it easier for people to walk and enjoy the steep slopes in the wood.

<https://www.facebook.com/OreCommunityLandTrust> / <https://www.orecommunitylandtrust.org.uk/>

**Veterans' Growth** (near Westfield) provides horticultural therapy to veterans of the Armed Forces from our 5-acre, rural site. We are looking for volunteers who can help by performing all types of horticultural duties. All abilities are welcome – you do not need previous experience of gardening or the military. Our volunteer days are normally Mondays and Thursdays and we generally operate from 9.30am – 3.30pm, though we can be flexible. For more information contact: [hello@veteransgrowth.org](mailto:hello@veteransgrowth.org)

info subject to change – let us know if you know of anything that needs updating

**Join the Friends of Combe Valley** on the third Saturday of every month 10-12, and every Thursday 10 -1 to help maintain the pathways and environment in Combe valley. Meet at the Discovery Centre Café in Freshfields. Refreshments are provided for volunteers. <https://www.facebook.com/CombeValley>

**Join the Friends of Summerfields Wood** on the second or third Saturday of every month, 10-1, to help maintain the environment in Summerfields Wood. Meet at Summerfields Leisure Centre. HBC ranger Nick Hennessy will guide us on the best tasks to do that day. There will be a tea break and time to chat. Children over 8 are welcome <https://www.facebook.com/events/239336039249606>

**Alexandra Park Greenhouse** sells community donated plants on Thursdays 2.30pm till 5pm and Saturday 10.30 till 1.30pm. New volunteers are welcome to join a dedicated team who care for the plants and are on hand to advise visitors on various aspects of gardening. Events talks and workshops are also held at the greenhouse and volunteers are needed to help organise these.

Contact [social@our-greenhouse.org](mailto:social@our-greenhouse.org) / <https://www.facebook.com/Alexandraparkgreenhousegroup>

**Ore in Bloom** is a community group aimed at improving the horticulture in Ore , Hastings. We maintain street planters, display hanging baskets and annual bedding displays as well as running a gardening competition for Ore residents. We'd love to grow our volunteer team. If you'd like any more information please contact us at [oreinbloom.info@gmail.com](mailto:oreinbloom.info@gmail.com)

Community Gardening at **Rye Community Garden**, Saturdays 10-12

Email [ryecommunitygarden@gmail.com](mailto:ryecommunitygarden@gmail.com) or just turn up to meet the group  
<https://www.facebook.com/groups/ryecommunityfoodandwildlifegarden>

Free women's growing and nature connection group **Earth Weavers**, designed to help support local women with their wellbeing and the cost of living crisis and is a space to learn new skills in food growing, using sustainable permaculture methods. We teach the whole food growing cycle from planting, harvesting to seed saving and even how to make your own compost. Produce grown on the allotment can be taken home by participants. Sessions also include nature based mindfulness meditation, foraging, making medicinal herbal teas. Booking is essential: <https://www.projectrewild.co.uk/earth-weavers>. Runs every Thursday (term time only) 10.30am-1.30pm, Lower Cornwallis Allotments