MACMILLAN CANCER SUPPORT

HVA Hastings Voluntary Action

GROW & GLOW

2 Years at a glance

HASTINGS VOLUNTARY ACTION
MACMILLAN CANCER SUPPORT
CHAMPIONS PROJECT

September 2024 - September 2026

CHAMPIONS GROWING

25+ CANCER CHAMPIONS

- Bringing their lived experience, skills and creativity
- Creating their own activities
- New champions in GP surgeries
- Referral pathways from hospital to employment support

"Our champions are finding new and imaginative ways to engage."

CREATIVITY AS A GATEWAY

Creative activities created safe spaces for conversations, connection and wellbeing.

Wildlife walks

Seeing & sketching

CREATIVITY

Kintsugi

Creative writing

Nutrition & wellbeing

Music

Meditation

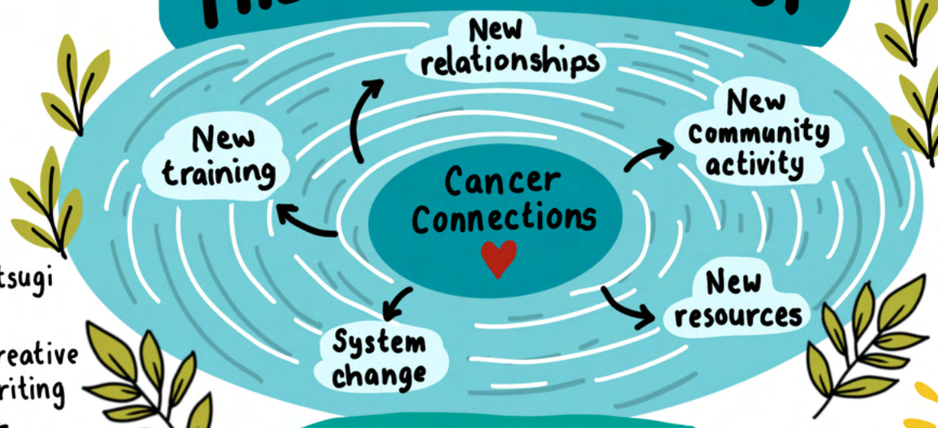
Collage

RiverPaint

12 PRACTITIONERS TRAINED IN RIVERPAINT.

Now being delivered in community settings, and Public Health East Sussex have requested a session.

THE RIPPLE EFFECT



Examples of ripple effects:

Dance buddies recruited (4 volunteer buddies)

Know Your Body easy-read guide for people with learning disabilities and autism

Pride signposting postcard for LGBTQI+ people

DIVERSITY RESOURCE INTERNATIONAL

Working with DRI to ensure global majority voices are heard in research.

New referral pathways being explored

CONNECTING THE SYSTEM

A local GP surgery reached out to the Cancer Champions for feedback on its cervical screening poster and made changes based on their suggestions.

- Quarterly meetings
- Shared learning
- Better signposting
- Stronger relationships
- A more connected local cancer support ecosystem

REACHING PEOPLE WHO ARE OFTEN MISSED

104 events organised.

1,000+ people attending project activities

500+ people signposted to support

MORE INCLUSIVE RESOURCES + NEW PARTNERSHIPS

Learning disabilities & autism

LGBTQ+ communities

Global majority communities

People in underserved areas

Workplace support

TAKEOVER OF HVA'S SOCIALS FOR WORLD CARD DAY

Showcasing our champions, their stories and local support.

FROM CONNECTION → CONFIDENCE → COMMUNITY CHANGE

Sketchnotes by Mandy Johnson - www.SketchnotesUK.com